

# What's Happening At LWHC

From 19th April till the 25th June 2021.  
for more information contact us on 9601 3555



**Women's Health Clinic**  
at Liverpool Women's Health Centre  
**Monday - Friday**  
Please contact centre to book



**Massage**  
With Claudia  
Available Monday & Friday's




**KHMER WOMEN'S GROUP**  
With Darany  
Tuesday's 10am - 12pm



**Aboriginal Craft & Yarn**  
With Sandy  
Wednesday's 10-12pm



**Bonnie Support Services**  
  
Monday, Thursday & Friday  
To book an appointment call Bonnie's on 9729 0939



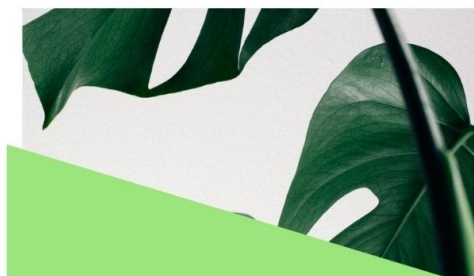
**Yoga**  
With Kris  
Monday's  
Yoga in a Chair - 9:15-10am  
Managing Stress - 10:15-11am  
Gentle Yoga - 11-12pm



**Women's Legal Service NSW**  
Family Law  
Thursday Fortnight  
Please contact centre to book an appointment  




**SUNSHINE & SELF-CARE**  
With Ling  
Thursday's 10-12pmt



**Naturopath**  
with Ses  
Tuesday & Friday  
Contact the centre to book an appointment 9601 3555



**Tai Chi**  
With Ling  
Tuesday's  
Beginners - 10-11am  
Intermediate - 11-12pm



**Arabic Speaking Women's Group**  
With Yasmin  
Friday's 10-12pm



**Hindu/Urdu/English Women's Group**  
With Nanceley  
Friday's 10am-12:30pm